

Adaptive Athlete of the Month Highlight

Randy Riek

United States Marine Corps

Years Served: 1980 Army Reserves, Marine Corps 1981-1984

Randy Riek is the VA SCI Recreation Therapy Adaptive Sports Athlete of the Month! Randy served in the Marine Corps for 4 years after serving in the Army Reserves. One major highlight in service was when he was serving in Okinawa, Japan. He had the opportunity to meet a lot of locals and went to parts of the island other Marines didn't have a chance to see!

Randy currently participates in a wide variety of sports with the VA SCI Recreation Therapy Program. Depending on the season, Randy participates in air rifles, bowling, boccia, archery, nine ball, tennis, curling and is a National Veterans Wheelchair Games Athlete. If you ask Randy, his favorite sport is air rifles because he has "enjoyed it since boy scouts." Since becoming a participant in adaptive sports, Randy's favorite memory has been, "Competing in my first Wheelchair Games where I medaled in all the sports, I participated in." Randy says that adaptive sports have helped him keep active. In his free time, Randy likes to make 500-1000 piece puzzles, go on date night with his wife, go to movies, and going to watch his nephew's hockey games.